



SRI KDU SWIMMING CUP @ SRI KDU KD – 5 DECEMBER 2022

The long awaited Sri KDU Swimming Cup was held on 6th December, Tuesday at Sri KDU Kota Damansara School. Our Sri KDU Subang Jaya swimming athletes along with our coaches arrived at Sri KDU Kota Damansara by bus.

After reaching, we used two lanes to do our warm up by practising our diving, strokes, and tumble turns. The events started on time with freestyle. There was a lot of excitement in the air.

Four Sri KDU schools participated in the event; each event had one heat. Sri KDU Kota Damansara, Sri KDU Klang, Sri KDU National School, and Sri KDU Subang Jaya all participated in the eight lanes. We sat together as a team at our designated area. Our coaches directed us to our individual events.

After all the freestyle events were over for the 8 and under, 9-10, 11-12, 13-14, 15-17 girls and boys, a medal ceremony was held.

Subang Jaya won many medals and we were all feeling proud and enthusiastic with the wonderful start.

We continued the same way for breaststroke, backstroke and butterfly. Parents and students cheered for all the races and cameras clicked as the winners stood proudly with their medals. After all the individual events were over, we had a mixed freestyle relay for each age group.

Finally, our points were calculated. Subang Jaya came 3rd with 522 points. It was a very close margin to Sri KDU National School, with a difference of only 50 points.

Final Results:

4th - Sri KDU Klang: 104 points

3rd - Sri KDU Subang Jaya: 522 points

2nd - Sri KDU National School: 572 points

1st - Sri KDU Kota Damansara: 818 points

We went home feeling really happy to have received medals or having gained some valuable exposure to another round of competitive swimming.

Thank you to our swimming coaches, Coach Khoo and Coach Wendy, who trained us every morning and after school for us to improve our swimming techniques and timings. Well done to Subang Jaya athletes!

The swim report was written by: Aarini Roy, Year 9A



SRI KDU SUBANG JAYA MEDALS

Age: 8 and under (25m races)

Freestyle:

Itto Horiuchi - Gold medal & Noma Horiuchi - Bronze medal

Breaststroke:

Itto Horiuchi - Gold medal & Noma Horiuchi - Bronze medal

Backstroke:

Itto Horiuchi - Gold medal & Noma Horiuchi - Bronze medal

Butterfly:

Itto Horiuchi - Gold medal & Noma Horiuchi - Gold medal

Mixed Freestyle Relay Team - Gold medal

Age: 9 - 10 years (50m races)

Freestyle:

Doy Jeong - Bronze medal & Malika Aminova - Bronze medal

Breaststroke:

Doy Jeong - Bronze medal

Backstroke:

Doy Jeong - Bronze medal

Butterfly:

Louis Lim - Silver medal

Mixed Freestyle Relay Team - Bronze medal



SRI KDU SUBANG JAYA MEDALS



Age: 11 - 12 years (50m races)

Breaststroke:

Zack Ho - Bronze medal & Sofia Hidayah Binti Zukifli - Gold medal

Butterfly:

Sofia Hidayah Binti Zukifli - Silver medal

Mixed Freestyle Relay Team - Silver medal

Age: 13 - 14 years (50m races)

Freestyle:

Aarini Roy - Bronze medal

Breaststroke:

Mahmoud Hisham - Bronze medal & Aarini Roy - Bronze medal

Backstroke:

Mahmoud Hisham - Bronze medal & Aarini Roy - Bronze medal

Butterfly:

Amanda Liao - Bronze medal

Mixed Freestyle Relay Team - Bronze medal

Age 15 - 17 years (50m races)

Breaststroke:

Hailey Kim - Bronze medal

Backstroke:

Chole Ong - Silver medal

Mixed Freestyle Relay Team - Bronze medal