

SRI KDU International School PENANG

NOVEMBER 2026 | WEEK 1



MENU	TYPE	MONDAY 2-Nov-26	T	V	D	E	G	TUESDAY 3-Nov-26	T	V	D	E	G	WEDNESDAY 4-Nov-26	T	V	D	E	G	THURSDAY 5-Nov-26	T	V	D	E	G	FRIDAY 6-Nov-26	T	V	D	E	G
MORNING SNACK	WESTERN	MUSHROOM & CHEESE QUICHE	●		✓	✓		GREEK YOGURT & GRANOLA	●	✓				WAFFLE	●	✓				STIR FRIED MACCARONI			✓	✓						
														HONEY/BUTTER/JAM/KAYA	●	✓	✓	✓	✓											
	ASIAN	MEE HOON NOODLE	●				✓	KAMPUNG FRIED RICE	●	✓		✓	✓	CHAR KUEY TEOW CHINESE STYLE	●	✓		✓	✓	EGG FRIED RICE		✓		✓	✓					
	VEGETARIAN	LEMPENG PISANG	●					SOFT BUN WITH BUTTER AND JAM	●					2 TYPE OF CEREAL WITH FRESH MILK	●					VEGETABLE FRITTER										
	SANDWICH	TUNA SANDWICH	●					MIXED VEGGIE SALAD SANDWICH	●					CHEESE SANDWICH	●					CHICKPEA MASH SANDWICH										
	NOODLE SOUP	MEE SOUP	●		✓		✓	BEE HOON SOUP	●	✓	✓			YEE MEE SOUP	●	✓	✓			KOAY TEOW SOUP			✓		✓					
	SOUP OF THE DAY	CHINESE HERBAL EGG SOUP	●	✓		✓	✓	JAPANESE TOFU SOUP	●					SEAWEED SOUP	●	✓		✓	✓	GREEN PEA SOUP		✓		✓	✓					
	SANDWICH	CHICKEN TERIYAKI AND EGG	●	✓	✓	✓	✓	CHICKEN HAM AND TUNA	●	✓	✓	✓	✓	GRILLED FISH AND SLICE CHICKEN	●	✓	✓	✓	✓	SUNNY SIDE UP AND CHEESE		✓	✓	✓	✓					
		2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD			✓	✓	✓					
		4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE		✓	✓	✓	✓					
																				DIWALI SPECIAL MENU										
LUNCH	WESTERN	CHICKEN CHOP WITH BOMBAY SAUCE	●		✓	✓	✓	CRISPY FISH FILLET	●		✓	✓	✓	POPCORN CHICKEN	●		✓	✓		CHICKEN MASSALA		✓	✓	✓						
		CHEF SALAD	●	✓	✓	✓	✓	ROASTED VEGE	●	✓	✓	✓	✓	STEAMED FRENCH BEANS	●	✓	✓	✓	✓	CABBAGE INDIAN STYLE	✓	✓	✓	✓						
		ROASTED POTATO	●	✓	✓	✓	✓	AGLIO OLIO	●	✓	✓			CORN RICE	●	✓	✓	✓	✓	JEERA RICE										
	ASIAN	FISH SWEET SOUR	●			✓		CHICKEN NANBAN	●			✓	✓	FISH BEREMPAH WITH CURRY GRAVY	●			✓	✓	FISH TIKKA				✓						
		STIR FRY VEGE	●	✓	✓	✓	✓	TEPPANYAKI VEGE	●	✓	✓		✓	CUCUMBER SALAD	●	✓	✓		✓	VEGETABLE DHALCA	✓	✓	✓	✓						
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓	GARLIC RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	JEERA RICE	✓	✓	✓	✓						
	VEGETARIAN	TOFU SWEET SOUR	●	✓				CRISPY TOFU	●	✓		✓		TEMPEH CRISPY WITH CURRY GRAVY	●	✓		✓		CHANA MASSALA	✓									
		BEAN SPROUT	●	✓	✓	✓	✓	SAUTEED BROCOLLI & CAULIFLOWER	●	✓		✓	✓	STIR FRIED VEGETABLE	●	✓		✓	✓	ALOO GOBI	✓	✓	✓	✓						
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓	AGLIO OLIO	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	JEERA RICE	✓	✓	✓	✓						
	PASTA BAR							SPAGHETTI TOMATO MEATBALLS	●											VEGETERIAN HAKKA NOODLES WITH SPRING ROLLS										
	NOODLE SOUP BAR	VIETNAMESE PHO	●											HAILAM NOODLES	●															
	DESSERT	FRUITS	●	✓	✓	✓	✓	FRUITS	●	✓	✓		✓	FRUITS	●	✓	✓		✓	GULAB JAMUN	✓	✓	✓	✓						

Information & Privilege:
All food served are HALAL compliant
Menu may change according to food supply seasons and availability
Delischool Healthy Food Guidelines:
We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu cycle.
We do not add MSG (Monosodium Glutamate) to our cooked foods.
We reduce saturated fat, sugar, salt & artificial colouring in our cooking
Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: CONTAINS DAIRY
E: CONTAINS EGG
G: CONTAINS GLUTEN

GREEN – BEST CHOICE
AMBER – CHOOSE CAREFULLY
RED – LIMIT CONSUMPTION





SRI KDU International School PENANG

NOVEMBER 2026 | WEEK 2



MENU	TYPE	MONDAY T V D E G	TUESDAY T V D E G	WEDNESDAY 11-Nov-26 T V D E G	THURSDAY 12-Nov-26 T V D E G	FRIDAY 13-Nov-26 T V D E G
MORNING SNACK	WESTERN			SUNNY SIDE UP ● ✓ ✓	CHOCOLATE PANCAKE ● ✓	HARD BOILED EGG ●
	ASIAN			SLICE BREAD WITH BAKED BEAN ● ✓ ✓ ✓ ✓	HONEY/BUTTER ● ✓ ✓ ✓ ✓	SOFT BUN AND MILK ●
				VERMICILLI SINGAPORE STYLE ● ✓ ✓ ✓	NASI LEMAK WITH CONDIMENT ● ✓ ✓ ✓	STIR FRIED KUEY TEOW ●
	VEGETARIAN			ONION FRITTERS	2 TYPE OF CEREAL WITH FRESH MILK ●	MUSHROOM RISOTTO ●
	SANDWICH			CHICKEN TANDOORI SANDWICH	AVOCADO & TOMATO SANDWICH ●	PHILLYCHEESTEAK STYLE SANDWICH ●
	NOODLE SOUP			YELLOW MEE SOUP ●	RAMEN SOUP ● ✓ ✓	KUEY TEOW SOUP ●
LUNCH	SOUP OF THE DAY			CREAMY TOMATO SOUP ● ✓ ✓ ✓	FISHBALL SOUP ● ✓ ✓ ✓	SUP AYAM BEREMPAH ●
	SANDWICH			TANDOORI FISH WITH EGG MAYO ●	CHICKEN HAM AND EGG ROLLS ● ✓ ✓ ✓ ✓	CHICKEN TERIYAKI AND SAUSAGE ● ✓ ✓ ✓ ✓
				2 CHOICES OF BREAD ●	2 CHOICES OF BREAD ● ✓ ✓ ✓	2 CHOICES OF BREAD ● ✓ ✓ ✓
				4 CHOICES OF VEGETABLE ●	4 CHOICES OF VEGETABLE ● ✓ ✓ ✓ ✓	4 CHOICES OF VEGETABLE ● ✓ ✓ ✓ ✓
	WESTERN			CHICKEN STEW ● ✓ ✓	CLASSIC LEMON BUTTER TILAPIA ● ✓ ✓	BEEF STEW ●
				CORN ON COB ● ✓ ✓ ✓ ✓	ROASTED MIX VEGETABLE ● ✓ ✓ ✓ ✓	GRILLED TOMATO ●
				MASHED POTATO ● ✓ ✓ ✓ ✓	BUTTER RICE ● ✓ ✓ ✓ ✓	SLICE POTATO ●
	ASIAN			TERIYAKI FISH ● ✓	AYAM BAWANG MAMAK ● ✓ ✓	BLACKPEPPER FISH CHINESE STYLE ●
				CHINESE CABBAGE &OYSTER MUSHROOM ● ✓ ✓ ✓ ✓	CABBAGE MAMAK STYLE ● ✓ ✓ ✓	STIR FRY SAWI ●
				FRAGRANT WHITE RICE ● ✓ ✓ ✓ ✓	STEAM WHITE RICE ● ✓ ✓ ✓ ✓	STEAM WHITE RICE ●
	VEGETARIAN			VEGETARIAN CHICKEN WITH GINGER SAUCE ● ✓ ✓ ✓	AGLIO OLIO PASTA WITH CHICKEN VEGETARIAN ● ✓ ✓	TOFU BLACKPAPPER SAUCE ●
				CHINESE CABBAGE ● ✓ ✓ ✓ ✓	ROASTED VEGETABLE ● ✓ ✓ ✓	STIR FRIED BROCOLLI ●
				STEAM WHITE RICE ● ✓ ✓ ✓ ✓		FRAGRANT WHITE RICE ●
	PASTA BAR				BOLOGNESE PASTA ●	
	NOODLE SOUP BAR			CURRY NOODLES ●		MEE BANDUNG ●
	DESSERT			FRUITS ● ✓ ✓ ✓ ✓	FRUITS ● ✓ ✓ ✓	BANANA CAKE ●

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SRI KDU International School PENANG

NOVEMBER 2026 | WEEK 3



MENU	TYPE	MONDAY 16-Nov-26	T	V	D	E	G	TUESDAY 17-Nov-26	T	V	D	E	G	WEDNESDAY 18-Nov-26	T	V	D	E	G	THURSDAY 19-Nov-26	T	V	D	E	G	FRIDAY 20-Nov-26	T	V	D	E	G
MORNING SNACK	WESTERN	FRENCH TOAST	●	✓				SCRAMBBLE EGG	●		✓	✓		CHOCOLATE PANCAKE	●	✓		✓	✓	SCRAMBLE EGG	●		✓	✓		TORTILLA		✓			
		JAM/BUTTER/KAYA	●	✓	✓	✓	✓	SLICE BREAD	●					HONEY	●	✓		✓		FRENCH LOAF	●	✓	✓	✓	✓	CASSEROLE	✓	✓	✓	✓	
	ASIAN	CHICKEN PORRIDGE WITH CONDIMENTS	●	✓		✓	✓	USA FRIED RICE	●	✓		✓	✓	MEE MAMAK STYLE	●	✓		✓	✓	GARLIC FRIED RICE	●	✓		✓	✓	STIR FRIED KUEY TEOW	✓		✓	✓	
	VEGETARIAN	FRIED KUEY TEOW	●											STIR FRIED UDON	●					EGG FRIED RICE	●					VEGETARIAN LASAGNA					
	SANDWICH BAR	EGG AVOCADO SANDWICH	●					PERI PERI CHICKEN SANDWICH						CAJUN CHICKEN SANDWICH	●					BEEF PEPPERONI SANDWICH	●					CLASSIC BLT SANDWICH					
	NOODLE SOUP	BEE HOON SOUP	●	✓	✓			KOAY TEOW SOUP	●					RAMEN SOUP	●					MEE SOUP	●					GLASS NOODLE SOUP					
	SOUP OF THE DAY	MINESTRONE SOUP	●	✓		✓	✓	LENTIL SOUP	●	✓		✓	✓	KIMCHI JJIGHAE	●	✓		✓	✓	SPICY SZECHUAN SOUP	●		✓	✓	✓	SMOKY PAPRIKA TOMATO SOUP	✓		✓	✓	
	SANDWICH BAR	ROASTED CHICKEN AND EGG MAYO	●	✓	✓	✓	✓	HERB FISH WITH CHICKEN MAYO	●	✓	✓	✓	✓	CHICKEN HAM AND ROASTED FISH	●	✓	✓	✓		EGG MAYO AND TUNA SPREAD	●	✓	✓	✓	✓	CHEESE AND SAUSAGE	✓	✓	✓	✓	
		2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD		✓	✓	✓	
		4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	✓	✓	✓	✓	
																										MUSHROOM DAY					
LUNCH	WESTERN	CHICKEN ALFREDO	●		✓	✓		SALMON CREAMY CARBONARA	●		✓	✓	✓	CHICKEN PROVENCAL	●		✓	✓		FISH EN PAPILLOTTE	●		✓			CHICKEN STROGANOFF WITH MUSHROOM			✓	✓	
		ROASTED MIX VEGETABLE	●	✓	✓	✓	✓	SAUTEED FRENCH BEAN	●	✓	✓	✓	✓	BUTTERED BROCCOLI & CARROT	●	✓	✓	✓	✓	CUCUMBER ONION SALAD	●	✓			✓	ROASTED TOMATO	✓	✓	✓	✓	
		MASHED POTATO	●	✓	✓	✓	✓	GARLIC PASTA	●					PILAF RICE	●	✓	✓	✓	✓	ROASTED POTATO	●	✓	✓	✓	✓	GARLIC BUTTER RICE	✓	✓	✓	✓	
	ASIAN	FISH CURRY WITH OKRA	●			✓	✓	GENERAL TSO CHICKEN	●			✓		SICHUAN BOILED FISH	●		✓	✓		CHICKEN KAARAGE	●		✓			CHINESE FRIED FISH WITH MUSHROOM AND OYSTER SAUCE				✓	✓
		STIR FRIED BITTER GOURD	●	✓	✓		✓	STIR FRY LONG BEAN	●	✓	✓	✓	✓	STIR FRY BEAN SPROUT	●	✓	✓	✓	✓	SAUTEED MIX VEGETABLES	●	✓	✓	✓	✓	CHINESE CABBAGE WITH MUSHROOM	✓	✓		✓	
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	
	VEGETARIAN	VEGETARIAN FISH CURRY	●	✓		✓		MUSHROOM PESTO PASTA	●	✓				TOFU SIZZLING	●	✓	✓	✓		STIR FRIED VEGAN CHICKEN	●	✓	✓	✓		TOFU WITH OYSTER AND MUSHROOM	✓		✓		
		STIR FRIED SAWI	●	✓		✓	✓	GARDEN SALAD	●	✓	✓	✓	✓	BROCOLLI WITH GARLIC SAUCE	●	✓	✓		✓	ENOKI MUSHROOM SALAD	●	✓	✓	✓	✓	STIR FRY ENOKI	✓		✓	✓	
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓							STEAM RICE	●	✓	✓	✓	✓	STEAM RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	✓	✓	✓	✓	
	PASTA BAR							TAGLIATELLE PESTO GENOVESE	●											AGLIO OLIO PASTA	●										
	NOODLE SOUP BAR	KITSUNE UDON	●											KALGUKSU	●											BUN RIEU					
	DESSERT	FRUITS	●	✓	✓		✓	FRUITS	●	✓	✓	✓	✓	FRUITS	●	✓	✓			FRUITS	●	✓	✓	✓	✓	FRUITS JELLY	✓	✓		✓	

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GREEN — BEST CHOICE
AMBER — CHOOSE CAREFULLY
RED — LIMIT CONSUMPTION





SRI KDU International School PENANG

NOVEMBER 2026 | WEEK 4



MENU	TYPE	MONDAY 23-Nov-26	T	V	D	E	G	TUESDAY 24-Nov-26	T	V	D	E	G	WEDNESDAY 25-Nov-26	T	V	D	E	G	THURSDAY 26-Nov-26	T	V	D	E	G	FRIDAY 27-Nov-26	T	V	D	E	G
MORNING SNACK	WESTERN	SOFT BUN	●	✓				SCRAMBBLE EGG WITH GREEN LETTUCE	●		✓	✓		CINNAMON FRENCH TOAST	●	✓		✓	✓	OMMELETTE	●		✓	✓		SAUSAGES BREAKFAST	●	✓			
		JAM/BUTTER/KAYA	●	✓	✓	✓	✓	TOAST BREAD	●					BAKED BEAN AND SLICED BREAD	●	✓		✓		SLICE BREAD WITH BAKED BEAN	●	✓	✓	✓	✓	SOFTBUN	●	✓	✓	✓	✓
	ASIAN	STIR FRIED RAMEN	●	✓		✓	✓	TOMYAM FRIED RICE	●	✓		✓	✓	SINGAPORE BEE HOON	●	✓		✓	✓	MEE GORENG MAMAK	●	✓		✓	✓	CHAR HOR FUN	●	✓		✓	✓
	VEGETARIAN	LEMPENG WITH CURRY GRAVY	●					CHINESE PANCAKE WITH RED BEAN						VEGETABLE PORRIDGE	●					CHEE CHEONG FUN	●					NAAN BREAD WITH VEGETABLE CURRY	●				
	SANDWICH BAR	GRILLED HALOUMI SANDWICH	●					CHICKEN CHEESE MELT SANDWICH						CRISPY CHICKEN SANDWICH	●					KATSU SANDWICH	●					PULLED CHICKEN SANDWICH	●				
	NOODLE SOUP	HOR FUN SOUP	●	✓	✓			YELLOW MEE SOUP	●					RAMEN SOUP	●					BEE HOON SOUP	●					KOAY TEOW SOUP	●				
	SOUP OF THE DAY	SPINACH TOFU SOUP	●	✓		✓	✓	SWEET POTATO SOUP	●	✓		✓	✓	WONTON SOUP	●	✓		✓	✓	SWEET CORN & CRAB SOUP	●		✓	✓	✓	MOROCCAN CHICKPEA SOUP	●	✓		✓	✓
	SANDWICH BAR	ROASTED CHICKEN AND EGG MAYO	●	✓	✓	✓	✓	TUNA AND EGG ROLLS	●	✓	✓	✓	✓	GRILLED CHICKEN AND EGG MAYO	●	✓	✓	✓		CRISPY FISH AND SLICE CHICKEN	●	✓	✓	✓	✓	TUNA AND EGG MAYO	●	✓	✓	✓	✓
		2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓	2 CHOICES OF BREAD	●		✓	✓	✓
		4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓	4 CHOICES OF VEGETABLE	●	✓	✓	✓	✓
LUNCH	WESTERN	COQ AU VIN	●		✓	✓		SPANISH BAKED FISH	●		✓	✓	✓	CHICKEN MARBELLA	●		✓	✓		FISH PAPRIKASH	●		✓			CHICKEN TENDER WITH CHEESY SAUCE	●		✓	✓	
		ROASTED MIX VEGETABLE	●	✓	✓	✓	✓	SAUTEED FRENCH BEAN	●	✓	✓	✓	✓	BUTTERED CARROT & PEPPER	●	✓	✓	✓	✓	MIX VEGETABLES	●	✓			✓	COLESLAW	●	✓	✓	✓	✓
		MASHED POTATO	●	✓	✓	✓	✓	MASHED SWEET POTATO	●					BUTTER RICE	●	✓	✓	✓	✓	ROASTED POTATO	●	✓	✓	✓	✓	MASHED POTATO	●	✓	✓	✓	✓
	ASIAN	FISH TOM YUM	●			✓	✓	AYAM PENYET	●			✓		PLA NUENG MANOW	●			✓	✓	RICA-RICA CHICKEN	●			✓		MUTTON CURRY	●			✓	✓
		STIR FRIED BITTER GOURD	●	✓	✓		✓	DEEP FRIED CABBAGE & TEMPEH	●	✓	✓	✓	✓	STIR FRY BEAN SPROUT	●	✓	✓	✓	✓	SAUTEED MIX VEGETABLES	●	✓	✓	✓	✓	CHINESE CABBAGE WITH MUSHROOM	●	✓	✓		✓
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓
	VEGETARIAN	VEGETARIAN FISH CURRY	●	✓		✓		GRILLED TOFU	●	✓				TOFU SIZZLING	●	✓	✓	✓		ARABIATA PASTA	●	✓	✓	✓		TOFU CURRY	●	✓		✓	
		STIR FRIED SAWI	●	✓		✓	✓	SPINACH STIR FRY	●	✓	✓	✓	✓	BROCOLLI WITH GARLIC SAUCE	●	✓	✓		✓	MIX VEGETABLE	●	✓	✓	✓	✓	CHINESE CABBAGE	●	✓		✓	✓
		FRAGRANT WHITE RICE	●	✓	✓	✓	✓	MASHED POTATO	●	✓	✓	✓	✓	STEAM RICE	●	✓	✓	✓	✓	ROASTED POTATO	●	✓	✓	✓	✓	FRAGRANT WHITE RICE	●	✓	✓	✓	✓
	PASTA BAR							PENNE ALFREDO	●											PASTA NAPOLITANA	●									
	NOODLE SOUP BAR	BUN BO HUE	●											GOCHUJANG CHICKEN NOODLE	●											SOBA NOODLE SOUP	●				
	DESSERT	FRUITS	●	✓	✓		✓	FRUITS	●	✓	✓	✓	✓	FRUITS	●	✓	✓			FRUITS	●	✓	✓	✓	✓	DADIH	●	✓	✓		✓

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SRI KDU International School PENANG

NOVEMBER 2026 | WEEK 5



MENU	TYPE	MONDAY 30-Nov-26	T	V	D	E	G	TUESDAY	T	V	D	E	G	WEDNESDAY	T	V	D	E	G	THURSDAY	T	V	D	E	G	FRIDAY	T	V	D	E	G
MORNING SNACK	WESTERN	MAC N CHEESE	●																												
	ASIAN	LEMPENG KELAPA WITH CURRY GRAVY	●																												
	VEGETARIAN	GRILLED VEGE & HUMMUS	●																												
	SANDWICH	CRABSTICK SANDWICH	●																												
	NOODLE SOUP	KOAY TEOW SOUP	●																												
	SOUP OF THE DAY	CUCUMBER SOUP	●																												
	SANDWICH	ROASTED CHICKEN AND EGG MAYO	●																												
		2 CHOICES OF BREAD	●																												
		4 CHOICES OF VEGETABLE	●																												
LUNCH	WESTERN	GRILLED HERB CHICKEN WITH MUSHROOM SAUCE	●																												
		CAESAR SALAD	●																												
		ROASTED POTATO	●																												
	ASIAN	STIR FRY FISH WITH THAI SAUCE	●																												
		CABBAGE AND MUSHROOM	●																												
		PANDAN RICE	●																												
	VEGETARIAN	STIR FRY TOFU	●																												
		ACAR TIMUN NENAS	●																												
		WHITE FRAGRANT RICE	●																												
	PASTA BAR																														
	NOODLE SOUP BAR	LAKSA	●																												
	DESSERT	FRUITS	●																												

Information & Privilege:
All food served are HALAL compliant
Menu may change according to food supply seasons and availability
Delischool Healthy Food Guidelines:
We mainly bake, grill, steam, lightly stir fry or boil our foods. Deep frying is limited within our menu cycle.
We do not add MSG (Monosodium Glutamate) to our cooked foods.
We reduce saturated fat, sugar, salt & artificial colouring in our cooking
Guaranteed nut free, palm-oil free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM
V: VEGETARIAN
D: CONTAINS DAIRY
E: CONTAINS EGG
G: CONTAINS GLUTEN

GREEN — BEST CHOICE
AMBER — CHOOSE CAREFULLY
RED — LIMIT CONSUMPTION

