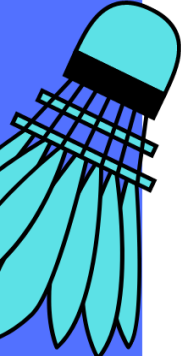




## U9 & U11 PRIMARY AIMS ATHLETICS COMPETITION @ UNITEN 27 APRIL 2024

MATCH REPORT WRITTEN BY: AARIZ AND EMMA (U9)


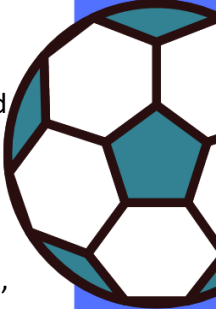


Hi, I'm Aariz today I liked to share with you my experience at the AIMS sports competition where we were competing against 7 other schools in different sporting events.

We got off to an early start. We were excited and at the same time feeling nervous too. Parents and family members came to support the children. Once the games started there were cheers and applause.

All the students did their best and our school did really well.

I was to suppose to be in 5 events- 100m , 200m, 100m relay, long jump and high jump. It was very competitive and during the race I had to really focus and push my self. I managed to get 4 gold medals. My favorite event was the 100m because it was a very fast race and it felt like I was flying. My inspiration was Usain Bolt and I prepared like him before my race



I am grateful to God for my achievements and would like to thank the PE team, teachers for all their hard work and for giving us this opportunity.

---

Hello everyone. I am Emma from year 4. Last Saturday (27th April), I participated in the Primary AIMS Athletics Competition and got medals in 600m, 100m and 4\*100m relay. I like running especially long-distance running.

During the 600m running, I ran out immediately when I heard the horn. For the first 300m, I was the second, keeping the same pace as the runner before me. I tried to breathe at a certain pace regularly. After 300m, I increased my speed and passed the runner before me. I kept running as fast as I can. I can feel that the runner behind me was not close to me as before. I knew that I will be the first one to pass the finishing line. That feeling was great, and that is reason I like running.

For the 4\*100m relay part, teamwork is very important. We have to work together to make sure the relay baton past from one to another smoothly and run our own 100m as fast as we could. Overall we did amazing job at the competition. I felt very proud for our team.



I really enjoyed sports. I will continue to take part in matches in the future.



## U9 & U11 PRIMARY AIMS ATHLETICS COMPETITION @ UNITEN 27 APRIL 2024

MATCH REPORT WRITTEN BY: ELLIOT AND MELOR

On Saturday 27th of April, Sri KDU Subang Jaya traveled to a stadium in Bangie where we took part in an AIMS athletics competition. I participated representing the U11 category, who did extremely well winning various medals across all of the events and coming 2nd for their age group. The U9s also did an outstanding job finishing on the podium several times and winning a number of well deserved medals. They came first in the category.

After adding up all of the points I am very happy to say we came second overall. In my opinion I loved the tournament because I had lots of fun competing in events and cheering for my teammates. My favourite part of the competition was when I came first in the High jump as my friends cheered me on the whole time, it was an amazing experience.

- Elliot

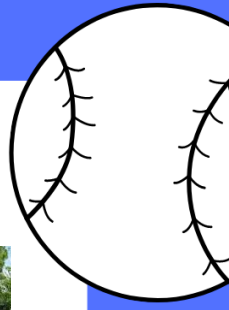
---

AIMS ATHLETICS 27th April 2024 was held at Uniten Mini Stadium on Saturday, 8am. There were 6 U11 girls participating in the events. On the track there were 60m, 100m, 200m, 400m, 800m and 100m relay while on the field there were discus, shot put, javelin, high jump, long jump and x3 jump.

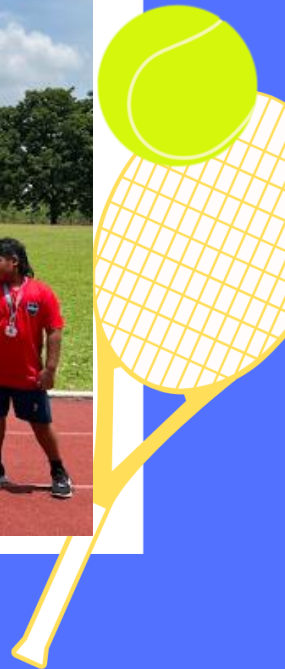
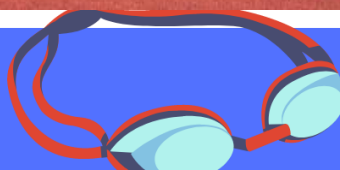
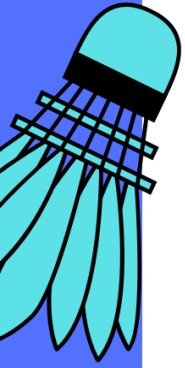
Throughout the events, my favourite event was x3 jump because I was able to do things that I never did before it makes me proud of myself and watching everyone else having smiley faces makes me bliss.

Everyone did their very best competing. It was a wonderful experience for everyone involved. I believe everyone deserves a special medal for participating at this competition no matter what place you got. I know all of us had a great time competing at the AIMS ATHLETICS competition. I hope all of us will continue this spirit and give our best next year. Best part for U11 we got 2nd place. Weehoooo, Let's go TIGERS, Let's go!!

-Melor



**U9 & U11 PRIMARY AIMS ATHLETICS COMPETITION @ UNITEN  
27 APRIL 2024**



## MIAG SWIMMING COMPETITION APRIL 2024

MATCH REPORT WRITTEN BY: KEIRA LEE SHWEN, YEAR 5A

My experience in MIAG competition!!

Greetings, everyone!

I'm Keira Lee Shwen, representing year 5A. Participating in the MIAG competition was an exhilarating journey for me, where I participated in 10 events. To my excitement, I managed to improve in 7 of them! This was my first time competing at the state level, so it felt extra special..

Months of dedicated training preceded my participation in this event, and the culmination of these efforts was immensely rewarding. The satisfaction of seeing my hard work translate into tangible progress cannot be overstated. It fills me with immense joy and pride to share this significant milestone and the accompanying achievements with each one of you.

My heartfelt gratitude goes out to all those who supported and encouraged me throughout this endeavor.

Warm regards,

Keira Lee Shwen (5A)

