



		MONDAY 17-Aug-26					TUESDAY 18-Aug-26					WEDNESDAY 19-Aug-26					THURSDAY 20-Aug-26					FRIDAY 21-Aug-26																			
		T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G															
	WESTERN	SCHOOL CLOSED					SCHOOL CLOSED					CHICKEN SANDIWC JUICE					●✓✓✓					PARATHA WITH CHICKEN POTATO CURRY JUICE					●✓✓✓					CHICKEN BBQ PAU JUICE					●✓✓✓✓				
	CHOICE OF CEREALS	SCHOOL CLOSED					SCHOOL CLOSED					2 CHOICES OF CEREALS					●✓✓✓					2 CHOICES OF CEREALS					●✓✓✓✓					2 CHOICES OF CEREALS					●✓✓✓✓				
	ASIAN	SCHOOL CLOSED					SCHOOL CLOSED					NASI LEMAK					●✓✓					FRIED YEE MEE					●✓✓✓					CHICKEN FRIED RICE					●✓✓✓				
	SALAD BAR	SCHOOL CLOSED					SCHOOL CLOSED					RED AND GREEN CORAL LETTUCE					●✓✓					ICEBERG LETTUCE					●✓✓														
												TOMATO, CUCUMBER					●✓✓					BLACK OLIVE					●✓✓														
												BELL PEPPER, CELERY					●✓✓					CUCUMBER, CELERY					●✓✓														
												BOILED EGG					●✓✓✓					CARROT, TOMATO					●✓✓														
												POTATO SALAD					●✓✓✓✓					PAPAYA SALAD					●✓✓														
	SANDWICH BAR	SCHOOL CLOSED					SCHOOL CLOSED					2 CHOICES OF BREAD					●✓✓✓					2 CHOICES OF BREAD					●✓✓✓														
												2 CHOICES OF FILLING					●✓✓					2 CHOICES OF FILLING					●✓✓✓														
	PASTA STATO N	SCHOOL CLOSED					SCHOOL CLOSED					4 CHOICES OF VEGETABLES					●✓✓✓					4 CHOICES OF VEGETABLES					●✓✓✓														
												BAKED FUSSILI IN TOMATO SAUCE					●✓✓✓					SPECIAL OF THE DAYS																			
	NOODLE SOUP BAR	SCHOOL CLOSED					SCHOOL CLOSED										CURRY NOODLES										●✓✓✓														
	WESTERN	SCHOOL CLOSED					SCHOOL CLOSED					ROASTED CAJUN CHICKEN WITH GRAVY					●✓✓✓					FISH PICCATA					●✓✓✓					CHICKEN CACCIATORE					●✓✓✓				
												SPAGHETTI					●✓✓✓					ROASTED ROSEMARY POTATO					●✓✓✓					BAGUETTE					●✓✓✓				
SAUTEED HERB VEGETABLE												●✓✓✓					BLANCHED BROCCOLI AND CAULIFLOWER					●✓✓✓					GARLIC BUTTER FRENCH BEAN					●✓✓✓									
ASIAN	SCHOOL CLOSED					SCHOOL CLOSED					SWEET & SOUR FISH FILLET					●✓✓✓					TANDOORI CHICKEN					●✓✓✓					FRIED FISH FILET WITH PLUM SAUCE					●✓✓✓✓					
											WHITE RICE					●✓✓✓					YELLOW RICE					●✓✓✓✓					CORN RICE					●✓✓✓					
											TAI PAK CHOY WITH GARLIC SAUCE					●✓✓✓✓					VEGETABLE CURRY					●✓✓✓✓					MUSHROOM WITH SIEW PAK CHOY					●✓✓✓					
VEGETARIAN	SCHOOL CLOSED					SCHOOL CLOSED					CHICKPEAS MASALA					●✓✓✓✓					CREAMY MUSHROOM					●✓✓✓✓					POTATO VARUVAL					●✓✓✓✓					
											PITA BREAD					●✓✓✓					FETTUCINE					●✓✓✓✓					CHAPATI					●✓✓✓					
											SAUTEED CABBAGE WITH TURMERIC					●✓✓✓					CORN KERNEL					●✓✓✓					STIR FRIED LONG BEAN WITH BEANCURD					●✓✓✓					
DESSERT	SCHOOL CLOSED					SCHOOL CLOSED					FRUITS OF THE DAYS					●✓✓✓					FRUITS OF THE DAYS					●✓✓✓					BANANA MUFFIN					●✓✓✓✓					

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

We mainly bake, grill, steam, lightly strify or boil our foods. Deep frying is limited within our menu cycle.

We do not add MSG (Monosodium Glutamate) to our cooked foods

We reduce saturated fat, sugar, salt & artificial colouring in our cooking

Guaranteed nut free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: CONTAINS DAIRY

E: CONTAINS EGG

G: CONTAINS GLUTEN





		MONDAY 24-Aug-26	T	V	D	E	G	TUESDAY 25-Aug-26	Z	V	D	E	G	WEDNESDAY 26-Aug-26	T	V	D	E	G	THURSDAY 27-Aug-26	T	V	D	E	G	FRIDAY 28-Aug-26	T	V	D	E	G
	WESTERN	TUNA PUFF	●				✓	SCHOOL CLOSED						FRITATA WITH BAKED BEAN	●	✓	✓	✓	✓	CHICKEN CURRY PAU	●				✓	CHICKEN SLICED SANDWICH	●			✓	✓
		JUICE	●	✓										JUICE	●	✓				JUICE	●	✓				JUICE		✓			✓
	CHOICE OF CEREALS	2 CHOICES OF CEREALS	●	✓	✓		✓	SCHOOL CLOSED						2 CHOICES OF CEREALS	●	✓	✓		✓	2 CHOICES OF CEREALS	●	✓	✓		✓	2 CHOICES OF CEREALS	●	✓	✓		✓
	ASIAN	LOH SEE FUN	●				✓	SCHOOL CLOSED						NASI LEMAK WITH CONDIMENT	●			✓		SINGAPORE MEEHOON	●			✓	✓	CHINESE FRIED RICE	●				✓
		ICEBERG LETTUCE	●	✓										RED AND GREEN CORAL LETTUCE	●	✓				ICEBERG LETTUCE	●	✓									
		TOMATO, CUCUMBER	●	✓										TOMATO, CUCUMBER	●	✓				TOMATO, CUCUMBER	●	✓									
	SALAD BAR	BELL PEPPER, CELERY	●	✓				SCHOOL CLOSED						BELL PEPPER, CELERY	●	✓				BELL PEPPER, CELERY	●	✓									
		CHICKEN CUBE	●											EDAMAME	●			✓		ASSORTED LETTUCE	●	✓									
		THAI MANGO SALAD	●	✓										CHICKEN CEASAR SALAD	●	✓		✓		CHICKEN MIXED SALAD	●			✓							
	SANDWICH BAR	2 CHOICES OF BREAD	●	✓			✓							2 CHOICES OF BREAD	●	✓		✓		2 CHOICES OF BREAD	●	✓		✓							
		2 CHOICES OF FILLING	●		✓			SCHOOL CLOSED						2 CHOICES OF FILLING	●		✓			2 CHOICES OF FILLING	●		✓								
		4 CHOICES OF VEGETABLES	●	✓										4 CHOICES OF VEGETABLES	●	✓				4 CHOICES OF VEGETABLES	●	✓									
	PASTA STATION	SPECIAL OF THE DAYS						SCHOOL CLOSED						SPAGHETTI CHICKEN BOLOGNESE SAUCE	●			✓								SPECIAL OF THE DAYS					
								SCHOOL CLOSED												YEE MEE CANTONESE	●			✓	✓						
	NOODLE SOUP BAR							SCHOOL CLOSED																							
	WESTERN	CHICKEN GRILLED WITH BROWN SAUCE	●				✓							CREAMY FISH	●		✓	✓		CHICKEN ESCALOPE	●			✓		PERCH FISH WITH MARINARA SAUCE			✓	✓	
		MASHED POTATO	●	✓			✓	SCHOOL CLOSED						PASTA	●	✓	✓			PILAF RICE	●	✓		✓		ROASTED POTATO	●			✓	
		THYME FRENCH BEAN WITH CARROT	●	✓										ROASTED VEGETABLE	●	✓				MIX FLORETS	●	✓				VEGETABLE AU GRATIN	●		✓		
	ASIAN	NYONYA FISH CURRY	●				✓							HONEY GARLIC SESAME CHICKEN	●			✓		KERALA FISH CURRY	●			✓		GINGER CHICKEN	●				
		NAAN BREAD	●	✓				SCHOOL CLOSED						WHITE RICE	●	✓				SOFT BUN	●	✓				WHITE RICE	●		✓		
		TURMERIC CABBAGE	●	✓										PAK CHOY WITH OYSTER SAUCE	●	✓		✓		VEGGIE PAKORAS	●	✓		✓		EGGPLANT SAMBALADO	●		✓		
	VEGETARIAN	BEANCURD KUNG POA	●	✓			✓							FRIED LOH SEE FUN	●	✓		✓		EGG AND CHEESE QUESSADILAS	●	✓	✓	✓	✓	SWEET AND SOUR CHAI GOR	●	✓			✓
		WHITE RICE	●	✓			✓	SCHOOL CLOSED						SPRING ROLL	●	✓		✓		POTATO WEDGES	●	✓				MANTOU	●				✓
		CHAP CHAI VEGETABLE	●	✓										STIR-FRIED BOK CHOY	●	✓	✓	✓	✓	STEAM CORN KERNEL WITH BUTTER	●	✓	✓			STIR FRY SPINACH WITH MUSHROOM	●		✓		
	DESSERT	FRUITS OF THE DAYS	●	✓				SCHOOL CLOSED						FRUITS OF THE DAYS	●	✓				FRUITS OF THE DAYS	●	✓				POUND CAKE	●	✓	✓		

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