



		TUESDAY 1-Sep-26	T	V	D	E	G	WEDNESDAY 2-Sep-26	T	V	D	E	G	THURSDAY 3-Sep-26	T	V	D	E	G	FRIDAY 4-Sep-26	T	V	D	E	G
CHOICE OF CEREALS	WESTERN	CHICKEN MAYO SANDWICH	●	✓	✓	✓		MEXICO BUN	●	✓	✓	✓		PARATHA WITH CHICKEN POTATO CURRY	●				✓	QUICHE VEGETABLE LORRAINE	●	✓	✓	✓	
		JUICE	●	✓				JUICE	●	✓				JUICE	●	✓				JUICE	●	✓			
		2 CHOICES OF CEREALS	●	✓	✓	✓		2 CHOICES OF CEREALS	●	✓	✓	✓		2 CHOICES OF CEREALS	●	✓	✓	✓		2 CHOICES OF CEREALS	●	✓	✓	✓	
ASIAN		FRIED KUEY TEOW	●			✓		NASI LEMAK	●			✓		FRIED YEE MEE	●			✓	✓	CHICKEN FRIED RICE	●			✓	
SALAD BAR		RED AND GREEN CORAL LETTUCE	●	✓				RED AND GREEN CORAL LETTUCE	●	✓				ICEBERG LETTUCE	●	✓									
		TOMATO, CUCUMBER	●	✓				TOMATO, CUCUMBER	●	✓				BLACK OLIVE	●	✓									
		BELL PEPPER, CELERY	●	✓				BELL PEPPER, CELERY	●	✓				CUCUMBER, CELERY	●	✓									
		BOILED EGG	●			✓		BOILED EGG	●			✓		CARROT, TOMATO	●	✓									
		CHICKEN SLICE	●	✓	✓	✓		POTATO SALAD	●	✓	✓	✓		PAPAYA SALAD	●	✓									
SANDWICH BAR		2 CHOICES OF BREAD	●	✓		✓		2 CHOICES OF BREAD	●	✓		✓		2 CHOICES OF BREAD	●	✓			✓						
		2 CHOICES OF FILLING	●			✓		2 CHOICES OF FILLING	●			✓		2 CHOICES OF FILLING	●			✓							
		4 CHOICES OF VEGETABLES	●	✓				4 CHOICES OF VEGETABLES	●	✓				4 CHOICES OF VEGETABLES	●	✓									
PASTA STATO N			●			✓		BAKED FUSSILI IN TOMATO SAUCE	●			✓								SPECIAL OF THE DAYS					
NOODLE SOUP BAR		WANTON NOOLES SOUP												CURRY NOODLES	●			✓	✓						
WESTERN		PERCH FISH MARINARA SAUCE	●			✓		ROASTED CAJUN CHICKEN WITH GRAVY	●			✓		FISH PICCATA	●			✓	✓						
		MASHED POTATO	●	✓	✓			SPAGHETTI	●	✓	✓			ROASTED ROSEMARY POTATO	●	✓			✓	FISH AND CHIP	●				
		ZUCHINNI AND CARROT	●	✓				SAUTEED HERB VEGETABLE	●	✓				BLANCHED BROCCOLI AND CAULIFLOWER	●	✓				SMASHED GREEN PEAS	●	✓	✓	✓	
ASIAN		CHICKEN KARAHI	●			✓		TILAPIA SAMBAL	●			✓		TANDOORI CHICKEN	●					AYAM MASAK MERAH	●				✓
		WHITE RICE	●	✓				WHITE RICE	●	✓				YELLOW RICE	●	✓			✓	NASI TOMATO	●	✓			
		STIR FRY VEGETABLE BHAI	●	✓		✓		TAI PAK CHOY WITH GARLIC SAUCE	●	✓		✓		VEGETABLE CURRY	●	✓	✓			ACAR RAMPAI	●	✓			
VEGETARIAN		VEGGIE AGLIO OLIO	●	✓	✓	✓		VEGETARIAN CHICKEN VARUVAL	●	✓	✓	✓		CREAMY MUSHROOM	●	✓				CHICKPEAS MASALA	●	✓			✓
		BRAISED VEGETABLE TOFU	●	✓				PITA BREAD	●	✓				FETTUCINE	●	✓			✓	CHAPATI	●	✓			
		SIDE SALAD	●	✓				SAUTEED CABBAGE WITH TURMERIC	●	✓				CORN KERNEL	●	✓				STIR FRIED LONG BEAN WITH BEANCURD	●	✓			
DESSERT		FRUITS OF THE DAYS	●	✓				FRUITS OF THE DAYS	●	✓				FRUITS OF THE DAYS	●	✓				BANANA MUFFIN	●	✓		✓	✓

Information & Privilege:

All the food served are Halal

Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

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We do not add MSG (Monosodium Glutamate) to our cooked foods

We reduce saturated fat, sugar, salt & artificial colouring in our cooking

Guaranteed nut free, glutamate and MSG free

T: TRAFFIC LIGHT SYSTEM^M

V: VEGETARIAN

D: CONTAINS DAIRY

E: CONTAINS EGG

G: CONTAINS GLUTEN





		MONDAY 7-Sep-26					TUESDAY 8-Sep-26					WEDNESDAY 9-Sep-26					THURSDAY 10-Sep-26					FRIDAY 11-Sep-26					
		T	V	D	E	G	Z	V	D	E	G	T	V	D	E	G	T	V	D	E	G						
	CHOICE OF CEREALS	WESTERN	TUNA PUFF					TOAST BREAD WITH SCRAMBLED EGG					FRITATA WITH BAKED BEAN					CHICKEN CURRY PAU					CHICKEN SLICED SANDWICH				
			JUICE					JUICE					JUICE					JUICE					JUICE				
			2 CHOICES OF CEREALS					2 CHOICES OF CEREALS					2 CHOICES OF CEREALS					2 CHOICES OF CEREALS					2 CHOICES OF CEREALS				
	ASIAN	LOH SEE FUN					KAMPUNG FRIED RICE					NASI LEMAK WITH CONDIMENT					SINGAPORE MEEHOON					CHINESE FRIED RICE					
	SALAD BAR	ICEBERG LETTUCE						ROMAINE LAETTUCE					RED AND GREEN CORAL LETTUCE					ICEBERG LETTUCE									
		TOMATO, CUCUMBER						TOMATO, CUCUMBER					TOMATO, CUCUMBER					TOMATO, CUCUMBER									
		BELL PEPPER, CELERY						BELL PEPPER, CELERY					BELL PEPPER, CELERY					BELL PEPPER, CELERY									
		CHICKEN CUBE						TUNA FLAKES					EDAMAME					ASSORTED LETTUCE									
		THAI MANGO SALAD						CHICKEN SLICE					CHICKEN CEASAR SALAD					CHICKEN MIXED SALAD									
	SANDWICH BAR	2 CHOICES OF BREAD						2 CHOICES OF BREAD					2 CHOICES OF BREAD					2 CHOICES OF BREAD									
		2 CHOICES OF FILLING						2 CHOICES OF FILLING					2 CHOICES OF FILLING					2 CHOICES OF FILLING									
		4 CHOICES OF VEGETABLES						4 CHOICES OF VEGETABLES					4 CHOICES OF VEGETABLES					4 CHOICES OF VEGETABLES									
	PASTA STATO N	SPECIAL OF THE DAYS					SPAGHETTI CHICKEN BOLOGNESE SAUCE					SPECIAL OF THE DAYS															
	NOODLE SOUP BAR	MEE HAILAM					YEE MEE CANTONESE																				
	WESTERN	CHICKEN GRILLED WITH BROWN SAUCE						CHICKEN POMODORO					ROTISSERIE CHICKEN WITH MUSHROOM SAUCE					PERCH FISH WITH MARINARA SAUCE					CHICKEN ESCALOPE				
		MASHED POTATO						SPAGHETTI					BUTTER RICE					ROASTED POTATO					PILAF RICE				
		THYME FRENCH BEAN WITH CARROT						GARDEN SALAD					ROASTED VEGETABLE					VEGETABLE AU GRATIN					MIX FLORETS				
	ASIAN	NYONYA FISH CURRY						FISH KENGSONG					FISH TAUCU					HONEY GARLIC SESAME CHICKEN					FISH KUNG POA				
		NAAN BREAD						WHITE RICE					PITA BREAD					WHITE RICE					FRIED NOODLES				
		TURMERIC CABBAGE						LOH HON CHAI					SAUTEED CABBAGE WITH CARROT					PAK CHOY WITH OYSTER SAUCE					STIR FRIED CHOY TAM WITH CARROT				
VEGETARIAN	BEANCURD KUNG POA						PARATHA					FRIED LOH SEE FUN					EGG AND CHEESE QUESSADILAS					SWEET AND SOUR CHAI GOR					
	WHITE RICE						VEGETABLE DHALL					SPRING ROLL					POTATO WEDGES					MANTOU					
	CHAP CHAI VEGETABLE						BITTERGOURD					STIR-FRIED BOK CHOY					STEAM CORN KERNEL WITH BUTTER					STIR FRY SPINACH WITH MUSHROOM					
	DESSERT	FRUITS OF THE DAYS					FRUITS OF THE DAYS					FRUITS OF THE DAYS					FRUITS OF THE DAYS					POUND CAKE					

Guaranteed nut free, glutamate and MSG free

G: CONTAINS GLUTEN



Delischool



		MONDAY 14-Sep-26					TUESDAY 15-Sep-26					WEDNESDAY 16-Sep-26					THURSDAY 17-Sep-26					FRIDAY 18-Sep-26														
		T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G	T	V	D	E	G										
	WESTERN	CHICKEN RENDANG PUFF	●			✓	BAKED OMELETE	●			✓	SCHOOL CLOSED					CROISSANT TUNA MAYO					●	✓	✓	✓	EGG SANDWICH					●	✓	✓	✓	✓	
		JUICE	●	✓			JUICE	●	✓								JUICE					●	✓			JUICE					●	✓				
	CHOICE OF CEREALS	2 CHOICES OF CEREALS	●	✓	✓	✓	2 CHOICES OF CEREALS	●	✓	✓	✓	SCHOOL CLOSED					2 CHOICES OF CEREALS					●	✓	✓	✓	2 CHOICES OF CEREALS					●	✓	✓	✓	✓	
		ASIAN	FRIED YELLOW NOODLE	●		✓	✓	FRIED RICE	●		✓	✓	SCHOOL CLOSED					CHEE CHEONG FUN					●		✓	✓	THAI FRIED RICE					●				✓
	SALAD BAR	ICEBERG LETTUCE	●	✓			ROMAINE LAETTUCE	●	✓								ICEBERG LETTUCE					●	✓													
		TOMATO, CUCUMBER	●	✓			TOMATO, CUCUMBER	●	✓								TOMATO, CUCUMBER					●	✓													
		BELL PEPPER, CELERY	●	✓			BELL PEPPER, CELERY	●	✓			SCHOOL CLOSED					BELL PEPPER, CELERY					●	✓													
		ASSORTED LETTUCE	●	✓			TUNA FLAKES	●									ASSORTED LETTUCE					●	✓													
		EDAMAME	●	✓			CHICKEN SLICE	●									GREEN BEANS SALAD					●	✓													
	SANDWICH BAR	2 CHOICES OF BREAD	●	✓		✓	2 CHOICES OF BREAD	●	✓		✓						2 CHOICES OF BREAD					●	✓		✓											
		2 CHOICES OF FILLING	●		✓		2 CHOICES OF FILLING	●		✓		SCHOOL CLOSED					2 CHOICES OF FILLING					●		✓												
		4 CHOICES OF VEGETABLES	●	✓			4 CHOICES OF VEGETABLES	●	✓								4 CHOICES OF VEGETABLES					●	✓													
	PASTA STATO N	SPECIAL OF THE DAYS											SCHOOL CLOSED															SPECIAL OF THE DAYS								
	NOODLE SOUP BAR	CURRY NOODLES										SCHOOL CLOSED					BEE HOON SOUP					●			✓											
	WESTERN	FISH PICCATO WITH LEMON CAPERS SAUCE	●			✓	ROASTED HONEY BUFFALO CHICKEN WING	●			✓						BAKED FISH WITH TOMATO CONCASEE					●			✓	MALAYSIAN DAYS										
		PASTA AL BURRO	●	✓		✓	MASHED POTATO	●	✓		✓	SCHOOL CLOSED					ROASTED POTATO					●	✓		✓	NASI KERABU AYAM BAKAR					●	✓			✓	
		BROCCOLI AND CARROT AU GRATIN	●	✓	✓		FRENCH BEAN WITH CARROT	●	✓	✓							ROASTED ZUCHINNI WITH CARROT					●	✓			WITH CONDIMENT					●	✓				
	ASIAN	CHAR SIEW CHICKEN	●		✓	✓	SWEET & SOUR PERCH FISH	●		✓	✓						CHICKEN VINDALOO					●				MASAK LEMAK IKAN TILAPIA					●				✓	
		FRIED NOODLES	●	✓			WHITE RICE	●	✓			SCHOOL CLOSED					TURMERIC RICE					●	✓			WHITE RICE					●	✓				
		CAULIFLOWER AND CARROT	●	✓			PAK CHOY OYSTER SAUCE	●	✓								STIR FRY LONG BEAN WITH BEANCURD					●	✓	✓		TERUNG SAMBALADO					●	✓				
	VEGETARIAN	CHICKPEAS AND POTATO VARUVAL	●	✓			VEGETARIAN FISH WRAP	●	✓								SINGAPORE FRIED NOODLES					●	✓		✓	✓	VEGETARIAN CHICKEN VARUVAL					●	✓			✓
		NAAN BREAD	●	✓		✓	TORTILLA CHIP	●	✓		✓	SCHOOL CLOSED					SAMOSA					●	✓			PITA BREAD					●	✓			✓	
		GOBI MASALA	●	✓			TOMATO & CORN SALSA	●	✓								LOH HON CHAI					●	✓			STIR FRY SPINACH WIHT POTATO					●	✓				
	DESSERT	FRUITS OF THE DAYS	●	✓			FRUITS OF THE DAYS	●	✓			SCHOOL CLOSED					FRUITS OF THE DAYS					●	✓			KUEH LAPIS					●	✓			✓	

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T: TRAFFIC LIGHT SYSTEM[™]

V: VEGETARIAN

D: CONTAINS DAIRY

E: CONTAINS EGG

G: CONTAINS GLUTEN





		MONDAY 21-Sep-26				TUESDAY 22-Sep-26				WEDNESDAY 23-Sep-26				THURSDAY 24-Sep-26				FRIDAY 25-Sep-26											
		T	V	D	E	G	T	V	D	E	G	#	V	D	E	G	T	V	D	E	G								
	CHOICE OF CEREALS	Waffle with Honey	●	✓		✓	Toasted Cheese Bread	●		✓	✓	✓	Potato Curry Puff	●		✓	✓	Omelete with Baked Bean	●	✓	✓	✓	Tuna Baguette Pizza	●		✓	✓	✓	
		Juice	●	✓			Juice	●	✓				Juice	●	✓			Juice	●	✓			Juice	●	✓				
	2 Choices of Cereals	●	✓	✓		✓	2 Choices of Cereals	●	✓	✓		✓	2 Choices of Cereals	●	✓	✓		✓	2 Choices of Cereals	●	✓	✓		✓	2 Choices of Cereals	●	✓	✓	✓
	ASIAN	Fried Yellow Noodle	●				Long Bean Fried Rice	●					Nasi Lemak	●		✓		Chicken Porridge	●		✓			Pineapple Fried Rice					
	SALAD BAR	Iceberg Lettuce	●	✓			Romaine Laettuce	●	✓				Red and Green Coral Lettuce	●	✓			Iceberg Lettuce	●	✓									
		Tomato, Cucumber	●	✓				Tomato, Cucumber	●	✓				Tomato, Cucumber	●	✓			Tomato, Cucumber	●	✓								
		Bell Pepper, Celery	●	✓				Bell Pepper, Celery	●	✓				Bell Pepper, Celery	●	✓			Bell Pepper, Celery	●	✓								
		Assorted Lettuce	●	✓				Assorted Lettuce	●	✓				Boiled Egg	●		✓		Assorted Lettuce	●	✓								
		Edamame	●	✓				Chicken Slice	●					Potato Salad	●	✓	✓	✓	Mango Salad	●	✓								
	SANDWICH BAR	2 Choices of Bread	●	✓		✓		2 Choices of Bread	●	✓		✓		2 Choices of Bread	●	✓		✓	2 Choices of Bread	●	✓		✓						
		2 Choices of Filling	●		✓			2 Choices of Filling	●		✓			2 Choices of Filling	●		✓		2 Choices of Filling	●		✓							
		4 Choices of Vegetables	●	✓				4 Choices of Vegetables	●	✓				4 Choices of Vegetables	●	✓			4 Choices of Vegetables	●	✓								
	PASTA STATION	Special of the Days						Baked Fussili in Tomato Sauce						Special of the Day															
	NOODLE SOUP BAR	Curry Noodles Soup						●		✓		Chicken Noodle Soup																	
		WESTERN	Cajun Honey Mustard Perch Fillet	●		✓	✓	Creamy Chicken with Mushroom	●		✓	✓		Fish Au Gratin	●		✓	✓	Marinara Chicken Meatball	●		✓	✓		Fish and Chip	●			
			Smashed Potato with Green Peas	●	✓	✓		Linguine	●	✓		✓		Boiled Potatoes	●	✓	✓		Spaghetti	●	✓	✓			Mixed Vegetable	●	✓		
			Green Salad	●	✓				Butter Herb Vegetable	●	✓				Honey Glazed Carrot with Corn	●	✓			Grilled Zucchini	●	✓							
		ASIAN	Chicken Curry with Potato	●		✓		Singapore Tamarind Coconut Fish Curry	●		✓			Chicken Rice	●		✓		Steamed Fish with Ginger Adn Mushroom	●		✓	✓		Kapitan Chicken Curry	●			
Rice			●	✓			White Rice	●	✓				Roasted Chicken	●	✓			White Rice	●	✓				White Rice	●	✓	✓		
Sayur Campur			●	✓				Stir Fried Brinjal with Soy	●	✓				Salad, Cucumber, Tomato, Soya Soy and Plain Soup	●	✓	✓		Tai Pak Choy with Garlic Sauce	●	✓		✓		Chinese Cabbage with Carrot	●	✓		
	VEGETARIAN	Braised Yee Mee with Mushroom	●	✓		✓	Mushroom and Egg Wrap	●	✓		✓	✓	Singapore Fried Noodles	●	✓	✓	✓	Egg and Potato Korma	●	✓	✓			Macaroni and Cheese	●	✓	✓	✓	
		Fried Vegetarian Chicken	●	✓		✓	✓	Hashbrown	●	✓				Spring Roll	●	✓			Fried Mantou	●	✓		✓		Garlic Bread	●	✓		✓
		Choy Sum	●	✓				Pico de Gallo	●	✓				Choy Sum with Carrot	●	✓			Stir Fry Sweet Potato Leaf	●	✓				Edamame Salad	●	✓		
	DESSERT	Fruits of the Days				●	✓	Fruits of the Days				●	✓	Fruits of the Days				●	✓	Fruits of the Days				●	✓	✓			

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T: TRAFFIC LIGHT SYSTEM

V: VEGETARIAN

D: CONTAINS DAIRY

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		MONDAY 28-Sep-26					TUESDAY 29-Sep-26					WEDNESDAY 30-Sep-26				
WESTERN CHOICE OF CEREALS	ASIAN	WAFFLE WITH HONEY	●	✓	✓		TOASTED CHEESE BREAD	●	✓	✓	✓	POTATO CURRY PUFF	●	✓	✓	
		JUICE	●	✓			JUICE	●	✓			JUICE	●	✓		
		2 CHOICES OF CEREALS	●	✓	✓	✓	2 CHOICES OF CEREALS	●	✓	✓	✓	2 CHOICES OF CEREALS	●	✓	✓	✓
SALAD BAR	SANDWICH BAR	FRIED YELLOW NOODLE	●				LONG BEAN FRIED RICE	●				NASI LEMAK	●		✓	
		ICEBERG LETTUCE	●	✓			ROMAINE LAETTUCE	●	✓			RED AND GREEN CORAL LETTUCE	●	✓		
		TOMATO, CUCUMBER	●	✓			TOMATO, CUCUMBER	●	✓			TOMATO, CUCUMBER	●	✓		
PASTA STATION	NOODLE SOUP BAR	BELL PEPPER, CELERY	●	✓			BELL PEPPER, CELERY	●	✓			BELL PEPPER, CELERY	●	✓		
		ASSORTED LETTUCE	●	✓			ASSORTED LETTUCE	●	✓			BOILED EGG	●		✓	
		EDAMAME	●	✓			CHICKEN SLICE	●				POTATO SALAD	●	✓	✓	✓
WESTERN	ASIAN	2 CHOICES OF BREAD	●	✓		✓	2 CHOICES OF BREAD	●	✓		✓	2 CHOICES OF BREAD	●	✓		✓
		2 CHOICES OF FILLING	●		✓		2 CHOICES OF FILLING	●		✓		2 CHOICES OF FILLING	●		✓	
		4 CHOICES OF VEGETABLES	●	✓			4 CHOICES OF VEGETABLES	●	✓			4 CHOICES OF VEGETABLES	●	✓		
VEGETARIAN	DEEP FRY	SPECIAL										BAKED FUSSILI	●			✓
		OF THE DAYS										IN TOMATO SAUCE				
							CURRY NOODLES SOUP	●		✓						
WESTERN	ASIAN	CAJUN HONEY MUSTARD PERCH FILLET	●		✓	✓	CREAMY CHICKEN WITH MUSHROOM	●		✓	✓	FISH AU GRATIN	●			✓
		SMASHED POTATO WITH GREEN PEAS	●	✓	✓		LINGUINE	●	✓		✓	BOILED POTATOES	●	✓	✓	
		GREEN SALAD	●	✓			BUTTER HERB VEGETABLE	●	✓			HONEY GLAZED CARROT WITH CORN	●	✓		
VEGETARIAN	DEEP FRY	CHICKEN CURRY WITH POTATO	●		✓		SINGAPORE TAMARIND COCONUT FISH CURRY	●		✓		CHICKEN RICE	●			✓
		WHITE RICE	●	✓			WHITE RICE	●	✓			ROASTED CHICKEN	●	✓		
		SAYUR CAMPUR	●	✓			STIR FRIED BRINJAL WITH SOY	●	✓			SALAD, CUCUMBER, TOMATO, SOYA SOY AND PLAIN SOUP	●	✓		✓
VEGETARIAN	DEEP FRY	BRAISED YEE MEE WITH MUSHROOM	●	✓	✓	✓	MUSHROOM AND EGG WRAP	●	✓	✓	✓	SINGAPORE FRIED NOODLES	●	✓	✓	✓
		FRIED VEGETARIAN CHICKEN	●	✓	✓	✓	HASHBROWN	●	✓			SPRING ROLL	●	✓		
		CHOY SUM	●	✓			PICO DE GALLO	●	✓			CHOY SUM WITH CARROT	●	✓		
VEGETARIAN	DEEP FRY	FRUITS OF THE DAYS	●	✓			FRUITS OF THE DAYS	●	✓			FRUITS OF THE DAYS	●	✓		

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